Cirby Clubhouse

July 2017



June '17							
s	M	Т	W	т	F	s	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30		

August '17							
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13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30	31			

September 17							
s	M	Т	W	т	F	S	
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10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
25	26	27	28	29	30	1	
2	3	4 Independence Day	5	6	7	8	
	Check-in 10:00am	Closed	Check-in 10:00am	Arts & Crafts 10am			
	AOD Screening 10:00am*	₹ * *	Drawing Group 11am	Women's Group 11am			
	Peer to Peer 11:00am	Happy July 4th	Self-Appreciation 1:00pm	Life Skills 1:00pm	Closed		
	Relaxation 1:00pm Qi Gong 2:00pm(Health360)	* 4 4		AOD Screening 4:00pm*			
9	10	11	12	13	14	15	
	Check-in 10:00am	Social Skills 11:30am	Check-in 10:00am	Arts & Crafts 10am			
	AOD Screening 10:00am*	Current Events 1:30pm	Drawing Group 11am	Women's Group 11am	Classed		
	Peer to Peer 11:00am	Meditation 2:00pm(Health360)	Self-Appreciation 1:00pm	Life Skills 1:00pm	Closed		
	Relaxation 1:00pm Qi Gong 2:00pm(Health360)		Movie 1:30pm(Health 360)	AOD Screening 4:00pm*			
16	17	18	19	20	21	22	
	Check-in 10:00am	Social Skills 11:30am	Check-in 10:00am	Arts & Crafts 10am			
	AOD Screening 10:00am*	Current Events 1:30pm	Drawing Group 11am	Women's Group 11am			
	Peer to Peer 11:00am	Meditation 2:00pm(Health360)	Self-Appreciation 1:00pm	Life Skills 1:00pm	Closed		
	Relaxation 1:00pm Qi Gong 2:00pm(Health360)			AOD Screening 4:00pm*			
23 Parents' Day	24	25	26	27	28	29	
	Check-in 10:00am	Social Skills 11:30am	Check-in 10:00am	Arts & Crafts 10am			
	AOD Screening 10:00am*	Current Events 1:30pm	Drawing Group 11am	Women's Group 11am	Closed		
	Peer to Peer 11:00am	Meditation 2:00pm(Health360)	Self-Appreciation 1:00pm	Bingo! 11:30am			
	Relaxation 1:00pm Qi Gong 2:00pm(Health360)			Life Skills 1:00pm AOD Screening 4:00pm*			
30	31 Check-in 10:00am	Cirby Clubhouse 916-787-8995 101 Cirby Hills Dr. Roseville, CA 95678 Monday through Thursday 9:00AM to 4:00PM			*AOD Screening Clinic is located in the West Wing of the building.		
	AOD Screening 10:00am*						
	Peer to Peer 11:00am				in the trest w	g or the bunding	
	Relaxation 1:00pm	Closed on Holidays			* * * * * * * * * * * * * * * * * * * *	* * *	
	Qi Gong 2:00pm(Health360)			-	***		